



**GRIP MARKINGS**

Bar features markings for weightlifting

**DESIGNED FOR**

High performance strength and conditioning

**KNURLING**

Aggressive grip to ensure a secure hold on the bar

**OPTIMISED ROTATION**

Engineered for smooth controlled rotation under load

**DUSTPROOF SEAL**

Keeps dust out and grease in for optimal performance

# FOR ATHLETES

## DEVELOPING STRENGTH AND HIGH PERFORMANCE IN SPORTS AND LIFE

The Performance Weightlifting Bar is made in Sweden and delivers the performance and quality you can rely on. Designed for explosive Olympic lifting, the steel is strong yet flexibility and a great bar for anyone serious about high performance in sports and strength and conditioning. Precision needle bearings, an inner raise and dustproof seal ensure weight moves smoothly under load and at high speeds, while the refined knurling provides a grip suited for high-performance training.

**ARTICLE CODE**

3060810

**LENGTH**

2010 mm / 79.13 in.

**WEIGHT**

15 kg / 33.07 lbs

**WARRANTY**

12 years\*

**CERTIFICATION**

None

**GRIP DIAMETER**

25 mm / 0.98 in.

**LOADABLE SLEEVE LENGTH**

320 mm / 12.6 in.

**FLANGE WIDTH**

30 mm / 1.18 in.

**SLEEVE DIAMETER**

50 mm / 1.97 in.

**GRIP SURFACE**

Chrome

**SLEEVE SURFACE**

Chrome

**BEARINGS AND BUSHINGS**

Needle bearings

**GRIP MARKING**

Weightlifting

**KNURLING**

1.0 - Medium Sharp, High Performance Grip

**MAX LOAD**

1500 kg / 3306,93 lbs

**DUSTPROOF SEAL**

Yes

\* To be dropped on 30 mm-thick rubber flooring (training platform recommended by Eleiko). Not to be stored with weights loaded on rack. Indoor use only. Normal wear and tear does not fall under warranty.