



**GRIP MARKINGS**

Bar features markings for weightlifting

**KNURLING**

Aggressive grip to ensure a secure hold on the bar

**OPTIMISED ROTATION**

Engineered for smooth controlled rotation under load

**DESIGNED FOR**

High performance strength and conditioning

**DUSTPROOF SEAL**

Keeps dust out and grease in for optimal performance

# FOR ATHLETES

## DEVELOPING STRENGTH AND HIGH PERFORMANCE IN SPORTS AND LIFE

The Performance Weightlifting Bar is made in Sweden and delivers the performance and quality you can rely on. Designed for explosive Olympic lifting, the steel is strong yet flexible and a great bar for anyone serious about high performance in sports and strength and conditioning. Precision needle bearings, an inner raise and dustproof seal ensure weight moves smoothly under load and at high speeds, while the refined knurling provides a grip suited for high-performance training.

**ARTICLE CODE**

3070100

**LENGTH**

2200 mm / 86.61 in.

**WEIGHT**

20 kg / 44.09 lbs

**WARRANTY**

12 years\*

**CERTIFICATION**

None

**GRIP SURFACE**

Chrome

**FLANGE WIDTH**

30 mm / 1.18 in.

**SLEEVE SURFACE**

Chrome

**BEARINGS AND BUSHINGS**

Needle bearings

**GRIP MARKING**

Weightlifting

**KNURLING**

1.0 - Medium Sharp, High Performance Grip

**MAX LOAD**

1500 kg / 3306,93 lbs

**DUSTPROOF SEAL**

Yes

**GRIP DIAMETER**

28 mm / 1.1 in.

**LOADABLE SLEEVE LENGTH**

415 mm / 16.34 in.

**SLEEVE DIAMETER**

50 mm / 1.97 in.

\* To be dropped on 30 mm-thick rubber flooring (training platform recommended by Eleiko). Not to be stored with weights loaded on rack. Indoor use only. Normal wear and tear does not fall under warranty.