

**DESIGNED FOR**

Functional fitness training

**NUMBER OF STATIONS**

7 pull-up and 3 squat stations

**MUSCLE-UP COMPATIBILITY**

2 of the pull-up stations are appropriate for muscle-ups

**RINGS AND ROPES**

Not compatible with rings and ropes as configured

**MINIMUM SPACE REQUIREMENTS**

9x4 m is the minimum space requirement

# WALL MOUNTED SOLUTION

## WHEN TRAINING CALLS FOR A BIT OF MONKEYING AROUND

This assembly integrates monkey bars across the top of the rig so that you can include grip strength and hand-over-hand progressions into training. The unit can be used as a building block for creating a wall mounted XF 80 Rig solutions or as a complete assembly. The unit features seven pull-up stations, two of which are appropriate for muscle-ups, and three squat stations. It can be outfitted with our entire range of XF Accessories or built upon by grouping units or adding pieces from the Rig Framework collection.

**ARTICLE CODE**

3061491

**LENGTH**

7220 mm / 284.25 in.

**WIDTH**

1800 mm / 70.87 in.

**HEIGHT**

2695 mm / 106.1 in.

**WEIGHT**

373 kg / 822.32 lbs

**WARRANTY**

10 years\*