



DESIGNED FOR

Building pull up strength

CUSTOMISED POSITIONING

Find the handle width and positioning for your needs

FITNESS ATTACHMENTS

Add it to any XF 80 Rack or Rig for increased training possibilities

QUALITY CONSTRUCTION

Strong sturdy steel tubing and durable powder coat finish

PULL UP STRENGTH

ADJUSTABLE SWIVEL HANDLES MEET VARIED TRAINING NEEDS

Attach handles to any XF 80 Rig or Rack for versatile and customisable upper body training. The swivel handles can be easily and independently adjusted 180 degrees in 22.5-degree increments allowing users to find the pull up positions best suited to their comfort and training needs. The unique spherical bearing construction means the handle position and angle are set by the user, the handles also feature knurling for optimal grip.

ARTICLE CODE

3085248-03

LENGTH

495 mm / 19.49 in.

WIDTH

135 mm / 5.31 in.

HEIGHT

285 mm / 11.22 in.

WEIGHT

6,7 kg / 14.77 lbs