



ONTWORPEN VOOR

Training tool for a variety of exercises such as step ups and box jumps

DUURZAME CONSTRUCTIE

Solid wood construction stands up to heavy use

VERSCHILLENDE VORMEN

Boxes are available with either slanted or straight sides

VERSCHILLENDE HOOGTES

Boxes range in heights from 45 cm to 90 cm

FUNCTIONAL TRAINING

VEELZIJDIG INSTRUMENT OM FUNCTIONELE EN EXPLOSIEVE BEWEGINGEN TE TRAINEN

Boxes for plyometric training such as jumping up-and-down and or performing step-ups. Different box heights make it possible to train with varying intensity or give options for different abilities. The Eleiko Plyo Boxes are equipped with handles for easy handling and relocation and can be stacked to save space when stored.

ARTIKELCODE

3002004

LENGTE

620 mm / 24.41 in.

BREEDTE

530 mm / 20.87 in.

HOOGTE

450 mm / 17.72 in.

GEWICHT

6,6 kg / 14.55 lbs

GARANTIE

6 maanden*

KLEUR

Bruin