



**ONTWORPEN VOOR**

Multifunctionele krachttraining

**KARTELEND**

Mild for both control and comfort

**DUBBELE GRIPMARKERINGEN**

Stang heeft dubbele markeringen voor gewichtheffen en powerliften

**GEVARIIEERD GEBRUIK**

One bar appropriate for different types of lifts

**COMPATIBILITY**

Only compatible with Classic Squat Stand, Light Squat Stand and Classic Seal Row.

## VOOR FUNCTIONELE FITNESS

### COMPACT HYBRID BAR IDEAL FOR TIMES WHEN SPACE CAN BE A CHALLENGE

A compact version of the hybrid XF Bar, the XF Short Bar decreases the shaft and sleeve length and features a more narrow flange to reduce the overall bar length while maintaining functionality and performance. The bar weighs 15 kg and features a 28 mm diameter shaft, our least aggressive knurling, and dual grip markings. The shorter length makes the bar ideal for training where space is a challenge such as training at home or in group fitness settings and performing functional fitness workouts. While the functionality is the same as our standard XF bar, the shorter shaft does mean the bar isn't well suited for snatches for some users. This bar only pairs with the Classic Squat Stand, the Light Squat Stand, and the Classic Seal Row.

**ARTIKELCODE**

3085336

**LENGTE**

1768 mm / 69.61 in.

**GEWICHT**

15 kg / 33.07 lbs

**GARANTIE**

12 jaar\*

**GREEPDIAMETER**

28 mm / 1.1 in.

**GRIPPOPPERVLAK**

Chrome

**LAGERS EN  
LAGERBUSSEN**

Naalddagers en lagerbussen

**STOFVRIJE  
AFDICHTING**

Nee

**GREEPMARKERING**

Hybride

**MAX. LADING**

1500 kg / 3306,93 lbs

**GRIP LENGTH**

1120 mm / 44.09 in.

**LENGTE OPLAADBARE  
KOKER**

312 mm / 12.28 in.

\* Om te laten vallen op rubberen vloer van 30 mm dikte (trainingsplatform aanbevolen door Eleiko). Niet op te slaan met gewichten opgeladen op het rek. Enkel voor indoor-gebruik. Normale slijtage valt niet onder garantie.